

COULSDON  
PARISH  
CHURCH  
St. John



50p

June 2024

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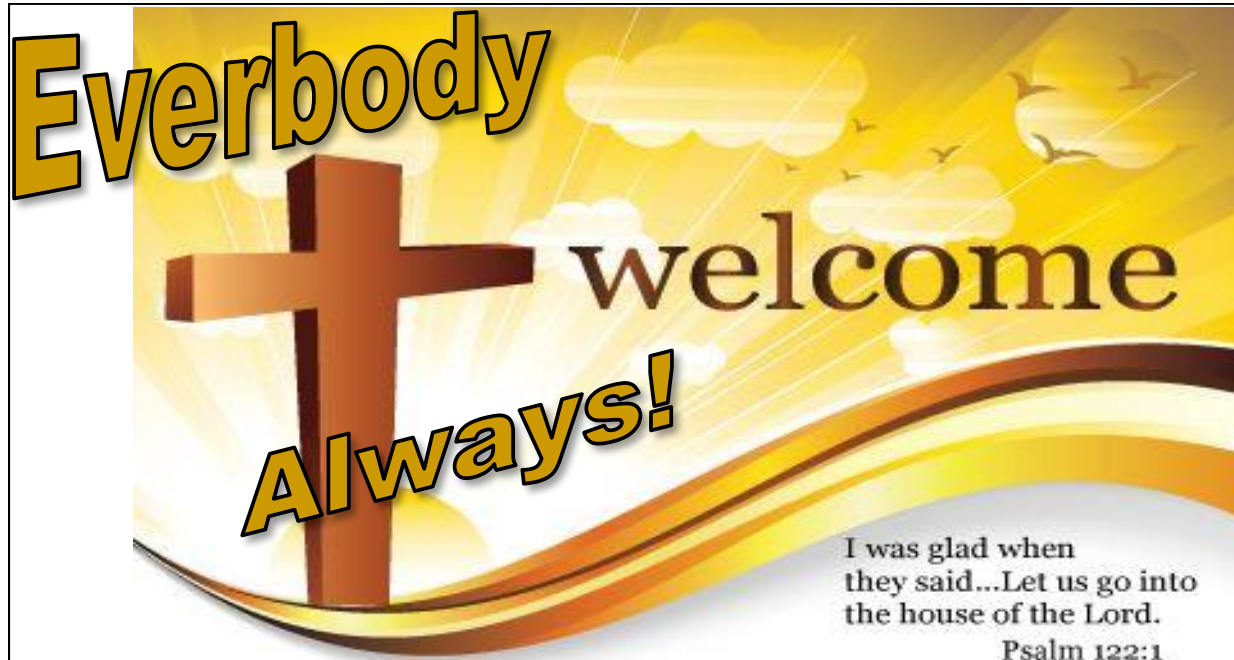
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## June

### 1—Saturday

10.00 a.m.. Gardening Morning in Garden of Remembrance (to 12.00)

### 2—FIRST SUNDAY after TRINITY

8.00 a.m. Holy Communion, in Church

9.30 a.m. Parish Communion, in Church *(and live-streamed on Facebook/through church website)*

11.30 a.m. Baptism Service, in Church

### 4—Tuesday

9.45 a.m. MU Service, in the Old Church

### 6—Thursday

11.00 a.m. Holy Communion, in Church

12.00 noon 'D-Day' Exhibition, in St. John's (to 4.00)

### 7—Friday

10.00 a.m. 'D-Day' Exhibition, in St. John's (to 4.00)

### 8—Saturday

10.00 a.m. 'D-Day' Exhibition, in St. John's (to 4.00)

7.00 p.m. **'Quiz Night', in the Church**

### 9—SECOND SUNDAY after TRINITY

9.30 a.m. Parish Communion, in Church *(and live-streamed on Facebook/through church website)*

11.15 a.m. Family Service

### 13—Thursday

11.00 a.m. Holy Communion, in Church

### 15—Saturday

10.00 a.m. Baptism Preparation, in the Church

**16—THIRD SUNDAY after TRINITY**

- 8.00 a.m. Holy Communion, in Church
- 9.30 a.m. Worship Together, in Church

**18—Tuesday**

- 9.45 for 10.00 a.m. Pram Service for Babies & Toddlers, in Church

**20—Thursday**

- 11.00 a.m. Holy Communion, in Church
- 7.30 p.m. Prayer Evening for St. John's, in the Old Church

**23—FOURTH SUNDAY after TRINITY**

- 9.30 a.m. Parish Communion, in Church *(and live-streamed on Facebook/through church website)*
- 11.15 a.m. Family Service, in Church

**26—Wednesday**

- 2.00 p.m. Pray, Knit & Chat, in the Old Church

**27—Thursday**

- 11.00 a.m. Holy Communion, in the Old Church

**30—FIFTH SUNDAY after TRINITY**

- 9.30 a.m. Parish Communion, in Church *(and live-streamed on Facebook/through church website)*

**July**

**2—Tuesday**

- 9.45 a.m. MU Service, in the Old Church

**4—Thursday**

- 11.00 a.m. Holy Communion, in Church

**6—Saturday**

- 10.00 a.m.. Gardening Morning in Garden of Remembrance (to 12.00)
- 12.00 noon Village Fair Day, Grange Park
- 2.00 p.m. Cream Teas in the Church

**7—SIXTH SUNDAY after TRINITY**

- 8.00 a.m. Holy Communion, in Church
- 9.30 a.m. Parish Communion, in Church *(and live-streamed*

**11—Thursday**

- 11.00 a.m. Holy Communion, in Church

**WHEREVER YOU ARE  
YOU CAN JOIN US ONLINE FOR SOME SERVICES**

Follow the Parish Communion services, etc. online live as they're streamed from the Church on Facebook via our website at [www.stjohns.coulsdon.net](http://www.stjohns.coulsdon.net) (or watch later) Contact the Parish Office on 01737 552461 or at [stjohns@coulsdon.net](mailto:stjohns@coulsdon.net) if you need any help with this.

## Sue writes...

# Great news - a new Leader is coming to St John's!



It is a delight to give you this good news that St John's has appointed a new Incumbent-to-be... so an exciting new adventure begins. The new name can't be revealed just yet, and I do not know who it is, as checks and letters have to be sent and received before a formal announcement can be made in both churches at the same time, so that everyone hears together.

It may appear that the Vacancy has been a long time, especially if you have been getting more involved in running new areas of St John's. Learning anything new takes up to three months to establish new routines so that they become familiar. Groups such as the Tech Team, Children's Ministry, the new 'Chill & Chat' for older young people, Singers, House Groups & Life Group, Family Service new Stewards Team, FS Teas (now extended into the Soft Start time), and so so many other



areas have developed and evolved in response to changing circumstances in this time of changeover. The church is stronger for the work of these Teams, and a special big thank you goes to our Church Wardens, Gill and Ralph, who have taken on this huge task of keeping regular events running, along with the Spire Fundraising initiative, and Ralph has worked (overtime!) caring for the fabric of this building. He has become very ac-

complished at 'Bat Surveys'! Not to mention knowing the movement of the squirrel population in the Old Church. His astute attention to detail has enabled planning and further fundraising to go ahead and we give thanks to him for that.

So you see, this Vacancy has been about people taking up the challenge, learning new roles through taking on board tasks that perhaps they'd never thought



Jen, singers Janice, and Enid

possible. I know that Jen, our (now!) lead Singer has been amazing at choosing worship songs and hymns in three month listings. A huge thank you to our regular singers who sing every week.

Andrew King has similarly, with the oversight of John Alger, worked together with him in live streaming. There is also Hollie Winkworth, Andy Wright, and Mike Lee behind the scenes too! Andrew is creating PPT slides archiving the music, to embed music within each



John and Andrew

slide so that the music iPod becomes less needed. So many heads have been put together to create easier ways of doing laborious tasks and, on the way, groups have grown.

Our Reader, Christine has been amazing at settling in the great number of Clergy who have been so supportive in presiding at St John's on Sundays or Thursdays, enabling me to have time off. Bishop Rosemarie and Archdeacon Greg have been here a number of times and we thank them too. Also people like Peter Graystone, who was such a support. I thank him for his generosity of spirit, or should I say Holy Spirit, as we saw God at work caring for us all.



But none of this would have been possible without the Prayer Evening we held each month, because it is only by relying on God that we found strength and

guidance in praying through the Vacancy, the Parish Profile, the advert, the church visits, and interviews. And still we pray as the process continues as a new 'House' is purchased and our new Incumbent-to-be begins to move, not only into their new physical home, but into their new spiritual home, and their God-given calling.

The danger with thanking people in such limited space is that there are so many others to thank too. Wendy Burton, our Parish Administrator, who brings you this magazine, needs the most huge thank you. So, to those of you who read this and see yourselves not mentioned, I thank you personally for your time in doing God's ministry. The whole PCC deserves a mention too!

The photo below of the Lych Gate, with the Baptism Team—Elaine, Graham, and Sylvia, represents you: those who walk through these gates to minister to others. Thank you.

So we continue, in prayer, in the power of the Spirit, and to those of you reading this, a warm welcome awaits...oh and let's not forget to thank the Gardening Team...

**Sue**



**A warm welcome awaits you, you reading this,  
And our new Incumbent-to-be too!**



Summer at last some are saying—so let's hope we have some sunny weather to encourage us all to be out and about enjoying the lovely countryside we are surrounded with as well as joining in with all that is on offer at St. John's and elsewhere locally.

Firstly the Editor would like to apologise for the late publication of the previous and this edition of the magazine due to family circumstances. Some of the main events in June fall very early in the month, and were mentioned last month, but here is a quick reminder in case you receive this in time!



## LOOKING AFTER THE CHURCH GROUNDS

As you are aware, the gardening group meets on the first Saturday of the month to maintain the Garden of Remembrance. In addition, the volunteer grass-cutters keep the grass looking neat. This is all weather-dependent and at this time of the year the weeds are flourishing!!!!

What about meeting **weekly** on a **Wednesday** at 9.30 for an hour or two? There are always shrubs to be pruned, weeds pulled and edges trimmed.

**JUNE 5<sup>th</sup>** is the first suggested date, but don't worry if you miss that one as we aim to continue throughout the summer until September 25<sup>th</sup>.. No obligation to come every week. Just turn up if you fancy fresh air and good chat. Look forward to seeing you. The monthly gardening group will still meet. **Gill** 01737 553596

"if you think that gardening is hard work then think again"



'Spot the worker?'



Someone has to do the work!  
Hope Tony had a tea break too.



**QUIZ**  
**NIGHT**  
 St. John's Church  
 Old Coulsdon  
**Saturday, 8<sup>th</sup> June**  
 7.00 p.m. in the Church  
 TICKETS: Just £12.00 each –  
 to include Sausage & Chips Supper –  
**BOOK NOW**—tables of up to 8, individuals  
 pairs, etc.—with the Parish Office on 01737  
 552461 or at [stjohns@coulsdon.net](mailto:stjohns@coulsdon.net)  
 Must be booked in advance.  
*in aid of St. John's Church Funds*

## QUIZ NIGHT— Saturday 8 June

At the beginning of the month there were still tickets and tables available to book - so if you see this in time hurry to book your place(s). Our Quiz Nights are always fun and very enjoyable - so come on your own, with a friend or two or bring a whole table-ful (up to 8). At just £12 to include supper this makes for a bargain evening out as well as helping church funds.



## D-DAY EXHIBITION – PLEASE! COULD YOU HELP?

If you could spare an hour or two to assist Ralph in guiding visitors around the D-Day display in church during the following days and times -

**Thurs. 6 June – 12.00-4.00 and Fri. 7 & Sat 8 June – 10.00-4.00 –**

he would be very grateful. Please let him know at [rigoodwin@blueyonder.co.uk](mailto:rigoodwin@blueyonder.co.uk) or on 0020 8409 1662 if you can help. Or perhaps you could come for an hour to make tea/coffee for our visitors - especially on the Thursday or Saturday afternoons where we are short of helpers.

Here is what is happening locally and in the church:

### OLD COULSDON COMMEMORATES ..

This year is the 80<sup>th</sup> anniversary of the D-Day landing in Normandy. 132,715 troops were landed that day and started the successful recapture of Western Europe with victory in May 1945 - 'VE DAY'.

#### THURSDAY EVENING – 6 June - 9.15pm:

Procession of a 'Lamp Light of Peace' in Grange Park with Bagpiper.  
 Please bring your own lanterns or torches.

#### SUNDAY - 9 June - 11am -

Special service at the War Memorial. The Civic Deputy Mayor of Croydon will lay a wreath in memory of the 4,414 soldiers, sailors and airmen who died that day.

#### EXHIBITIONS

**in St John's Church: Thurs. 6 - 12-4pm and Fri.7 & Sat 8 June— 10 -4pm**  
**Bradmore Green Library: Tues. 4 & Fri.7 June —10am-6pm**

#### D-DAY FILMS -

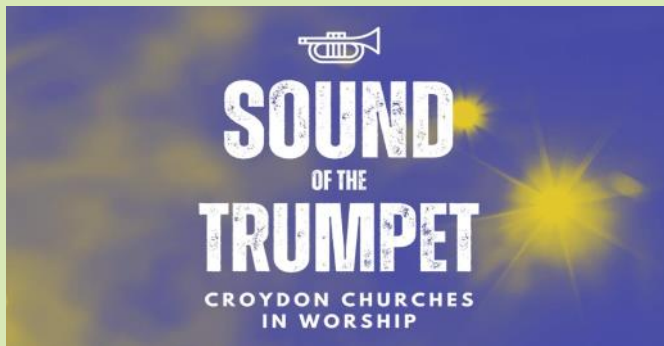
**in Cameron Hall: Fri. 7 June—7.00-9.30pm**

## THE HOLIDAY BOOK STALL RETURNS!

The Holiday Book Stall has re-opened in Church and already a good selection of books has arrived—from ‘who-dun-its’, biographies, historical novels, various ‘How to ...’ manuals, some lovely children’s books, as well as popular quite-recently published books! Thank you! Please take time to browse and maybe you’ll find just what you’ve been looking for! Also now is your



chance to declutter shelves, bedside table, floor (?) etc If you have any books to spare that are good for a summer read, please bring them along to the church any time when the church is open (*that’s most weekday mornings as well as Sundays*) to make another lovely selection and to raise funds for the Church. No heavy reference books please – fiction, biographies, children’s books, etc – especially paperbacks – very welcome. This is a ‘win/win’ opportunity – more shelf space, new books to read for a small donation and the church funds benefit!



Join us for the highly anticipated “Sound of the Trumpet” event, where churches from across the borough of Croydon will unite for a special night of worship and prayer. We will be led by worship teams from a variety of Croy-

don churches raising ONE great sound as together we praise the name of Jesus and intercede for our town.

**SATURDAY 22 JUNE 2024**

FAIRFIELD HALLS, CROYDON  
DOORS 4:15PM | STARTS 5PM | ENDS 9:30PM

**TICKETS £10**

Join churches from across the borough as we unite for a special night of worship and prayer.

## FUN, PRAISE & BUBBLES at PRAM SERVICE!



If you're at home on a Tuesday morning with a little one—baby, toddler or pre-schooler—whether a mum, dad, granny, grandpa or other carer, then you really shouldn't miss our Pram Service on the third Tuesday of each month.

This month we're meeting on **Tuesday, 18 June** at 9.45 for 10.00 a.m. start in the Church. We usually start with a hymn and a prayer for

the adults and then the little ones take over—choosing their favourite rhymes and choruses! We have an interactive Bible story, birthday celebrations and then the instruments come out usually for the last song ... bells, shakers, tambourines, etc. Last month we celebrated Pentecost—the coming of the Holy Spirit to Jesus' disciples—and got into the excitement of the occasion making and wearing crowns with a flame on and chasing bubbles as they were blown! As you can see, we have a lot of fun so why not bring your little one(s) along on the 18<sup>th</sup> and give it a try? There are drinks and biscuits afterwards with time for play and chat. We'd love you to join us! If you want to know more first just email Wendy at [stjohns@coulsdon.net](mailto:stjohns@coulsdon.net)



### John Carroll

We were very sad to hear of the death of John at the end of May.

When he and his wife, Thelma, who died last November, retired to Old Coulsdon, from Christ Church, Purley, they both became very active members of St. John's with John always ready to help by

taking wedding and funeral services, and both of them welcoming people to their home for Bible study groups, etc.. It was a great loss when they moved away to sheltered accommodation.

John was also the founder of Emmanuel International UK which *'goes to some of the most needy areas of the world to serve people less fortunate than ourselves ..by partnering with churches in serving their communities'*. EIUK has announced that his funeral will take place on Friday 28<sup>th</sup> June at 3pm at Christ Church, Purley and an online link will be available nearer the time..

## Flamingos

At our lovely Pentecost service last Sunday 19 May, a number of us were dressed in the 'colours' of the Holy Spirit: red, orange, pink. We spoke, sang and prayed for the Holy Spirit to come and be with us. We heard that He was in the fire, the flame and the wind, sometimes softly and sometimes violently.

What has this got to do with flamingos you might ask. Well, the first time I saw flamingos in real life it was at a bird sanctuary. They were standing tall and majestic, often on one leg, in the water. Their rich deep pink colour stood out amongst the browns and greys of the other waterfowl. They were very different and attracted my attention immediately.

Did you know, that the bright pink colour of the flamingo comes from the food they eat? It contains high amounts of beta carotene, a pigment that causes a pink, orange or yellow colour. If flamingos don't feast on the algae and brine shrimp they usually eat, their feathers will eventually become white and we might not even recognize these white birds as flamingos.

As I started to think more deeply about this, I thought about what I feast on and if it changes how others identify me. Not exactly physically of course, but spiritually. I thought about Christians I know that have that "glow" around them. Could it be that by 'feasting' on the word of God, instead of turning pink like a flamingo, we might receive that light, that glow, from Christ? Am I recognised as a follower of Christ because of that identifying factor?

Could the opposite also be true? When a flamingo stops eating the nutrient-rich food it needs, it becomes wan and pale, just as if we stop feasting on the word of Christ, we also slowly become spiritually bereft and lose our outward bright light, no longer being instantly recognisable as a follower of Christ.



I watched the flamingos in the lake for a long time. They were not ashamed to stand out from the crowd. They were beautiful and they knew it. They were identifiable. Their beauty came from within, just as ours will if we feast on God's word.

If we do this, we will receive and be aware of the Holy

Spirit within us, our spiritual light will shine and rub off on others. They will want to know what has happened to us, why are we different and they will want this light, this glow, for themselves. If someone says to you 'you look different today', think

about how you will answer. Don't be afraid to stand out from the crowd, just like the flamingo, and to spread the Good News of Jesus Christ.

'You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven'. **Matthew 5:14-16** **Wendy J.**



### **'WOULD YOU BELIEVE IT!'**

This picture of one of the beautiful painted stones was received in the Parish Office at the end of May with the message 'Your beautiful stone home now.'. I have asked where it was found and the area where it is 'at home' but no response. I did say that if the finder is keeping it they should treasure it.

I don't remember seeing this before the stones went on their way. Do you recognise it? Did you paint it? Where was it left originally?

This was a wonderful project and many works of art were produced—many with biblical texts—and people were asked to leave them in various places for others to find and move on. We had tales of stones travelling all over - to the coast and countryside—and people loved finding them and redistributing them..

Maybe we should try it again?  
**Ed.**

## **MOTHERS' UNION**

### **June focus: MU Mission and Vision**

Mothers' Union is a Christian organisation that has been supporting families worldwide for over 140 years. Started by our founder Mary Sumner in 1876 in her local parish, we have grown into an international charity with over 4 million members in 84 countries. We demonstrate our faith in action. This happens as we work towards stopping poverty, stopping inequality, and stopping injustice. Our members work at grassroots level around the world. They bring hope and practi-



cal support to millions of people every year through parenting, literacy and community development programmes.

### Our prayer is that we can:

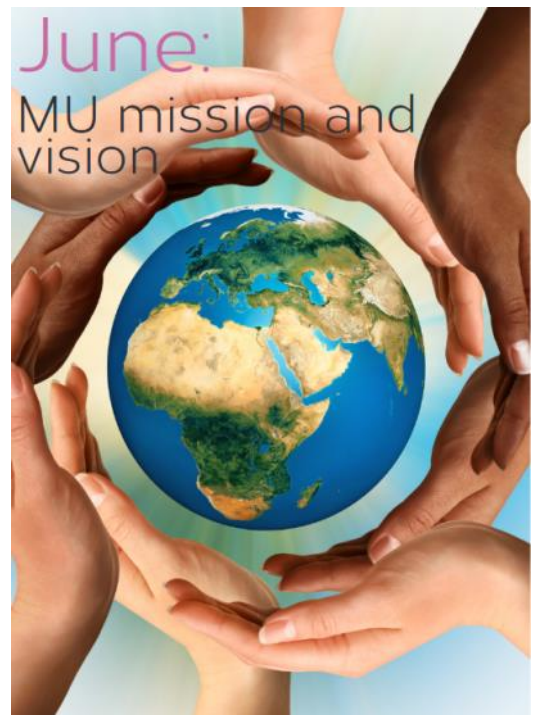
- ◆ *Transform ourselves, personally and spiritually, to live out our faith*
- ◆ *Transform the churches and communities we work with, and of which we are a part, to reflect Christ's kingdom*
- ◆ *Transform Mothers' Union to be relevant for 21st century life.*

### " For with God nothing shall be impossible" - Luke 1:37

Here at St. John's we have our monthly service on **Tuesday 4 June** at 9.45 a.m. in the Old Church, followed by refreshments. If can't make it then, please note the date of the next one on **Tuesday 2 July Pray, Knit & Chat** is back to its usual fourth **Wednesday on 26 June**—at 2.00 p.m. in the Old Church. All knitters very welcome but this isn't just for knitters. It's for anyone who would like to join us for good company and tea, coffee and delicious cake!

### Reflection

The founder of the China Inland Mission, James Hudson Taylor, displayed a plaque in each of his residences which read "Ebenezer—Jehovah Jireh". Together, these Hebrew words say, "The Lord has helped us to this point, and he will see to it from now on." As we continue to follow our MU mission and vision in our own day, it's good to acknowledge and celebrate that the Lord has indeed helped us to this point. Then, as we look to the future, we can also have faith that God will continue to help us in our future endeavours.



### Monthly prayer

God of unchanging power, your Holy Spirit enables us to proclaim your love in challenging times and places. Give to all members of Mothers' Union steadfastness, fresh understanding and a clear vision, that together, we may continue the mission to which we are called. *Amen*



### NOT LOAVES OF BREAD ...

just someone showing how neatly they've been collecting plastic wrappers and other soft plastic before taking them to one of the supermarkets for recycling . Hope you're doing the same... and don't forget we're collecting tablet bubble packs and unwanted spectacles in the church porch.

## Parish Link with St Athanasius Shurugwi



As many of you know we have a parish link with a church in central Zimbabwe which was established in 2009 as part of the link between the Diocese of Central Zimbabwe and the Episcopal Area of Croydon. St Athanasius Church is in the mining town of Shurugwi and, unlike many of the more recently constructed church buildings in the diocese, is quite historic having been built during the colonial period at the beginning of the twentieth century! So the church building itself is not so different from an English church although the local wildlife is a little different – monkeys on the roof of their rectory rather than the squirrels in the roof of our old church. Shurugwi is about half an hour by road from the cathedral city of Gweru and more than 300 kilometres south of the capital city of Harare.

When our parish link was established it was agreed that the main purpose should be the exchange of news of our parishes so that we could pray for each other in a relevant and reciprocal way. It has not always been easy maintaining communication with St Athanasius since the postal service is slow and unreliable and not everyone has access to email. However with the expansion of mobile networks things have improved in recent years and I now communicate with the priest, Revd Simbai Marumirofa, by WhatsApp. Building up a good relationship between our parishes has also had the challenge of dealing with the frequent changes of priest in Zimbabwe. I have almost lost count of the number of priests that they

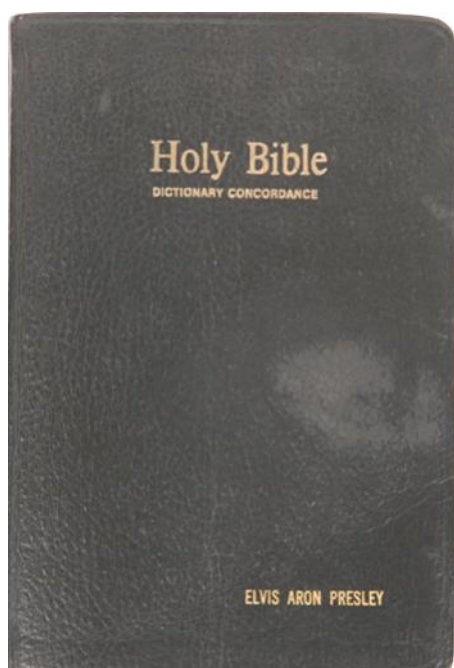
have had since 2009 but I think that it is six to date. These changes can happen quite suddenly when the Bishop decides that the time is right and it seems as if the incumbent often has very little warning of it.

The process that we have been going through since Paul's retirement would not be something within the experience of the Zimbabwean church and so I have attempted to explain this so that they

understand what is happening here with the preparation of the parish profile, the advertisement and now the interviews so that they have been able to pray for us. In return Revd Simbai has told us about their fundraising to buy a parish vehicle so that they can transport people to conferences and make connections with outlying areas. In his recent message he said '...we thank the almighty God our church vehicle is now working well. We still need your prayers on our projects. We are now looking on the painting of the church and the rectory. For the selection for the new rector, God is in control. We are praying for you.'

As in this country church attendance in Zimbabwe has not yet recovered to pre pandemic levels but a friend who lives in Shurugwi has told us that church attendance at St Athanasius is now recovering. So please continue to pray for our brothers and sisters at St Athanasius and that our link with them might be strengthened.

**Trudy Baker**



## ‘Only one true King’

Elvis Presley's personal Bible has recently sold at auction for \$120,000. The Bible was one of three found on the singer's bedside table the night he died in 1977 at his home Graceland. He was 42.

Elvis' faith was very important to him and he often turned to the Bible for comfort and inspiration. He was known to say a prayer before every performance and his Bible ... contains underlined passages and bookmarked pages, "He was a Christian, and most people don't know that...wherever he went, he took the Bible with him."

When fans described him as 'the King' he would say: "No, no, I'm sorry. There's only one true king, and that's Jesus."



# SETAREH – A Journey to Remember

Open air promenade theatre at Gatton Park, Reigate, July 2024

" As the sun rises tomorrow morning, I and this faithful, quirky, and slightly weird lot, ill start our journey! You see, even now, what we will be following."  
Setareh, the brightest star that ever shone.



Who were the Magi? Where did they come from? Why were they following a star to find a King? Why were they carrying gifts? What were the gifts and where did they come from? What did they expect to find and, ultimately, what did they discover?

This beautiful story of love, forgiveness and salvation, written and directed by Libby Egwuba, will lead you around the stunning parkland of Gatton Park alongside a group of travellers in search of a King. Come with us on the journey -  
**11-14 & 18-21 July at 7.30pm in Gatton Park, Reigate.**

Tickets are on sale now from [www.ticketsource.co.uk/gct](http://www.ticketsource.co.uk/gct).

Online price: Adult £15, child £8 (16 and under), family ticket £40

On the door: Adult £17, child £8

For enquiries email [info@gattontheatre.org.uk](mailto:info@gattontheatre.org.uk)



## Be a Gardener of God'

Plant yourself deep in faith  
Water daily with positive thinking  
Mulch often with forgiveness  
Remove all seeds of worry  
Keep out weeds of despair  
Replace disappointment with hope  
Stay cool when irritated  
Prune away guilt or depression  
Cultivate only happy memories.  
*Anon.*

# VILLAGE FAIR DAY

6<sup>th</sup> JULY

05-50 70 3-07

7007 0077



## CREAM TEAS

TEA & HOMEMADE CAKE

TEA, COFFEE, SQUASH

St. John's Church, Old Coulsdon

2.00 – 4.00 p.m.

The Summer Holiday Bookstall  
will be there too!



## WHAT HAPPENED ON D-DAY? WHY DO WE REMEMBER IT 80 YEARS LATER?

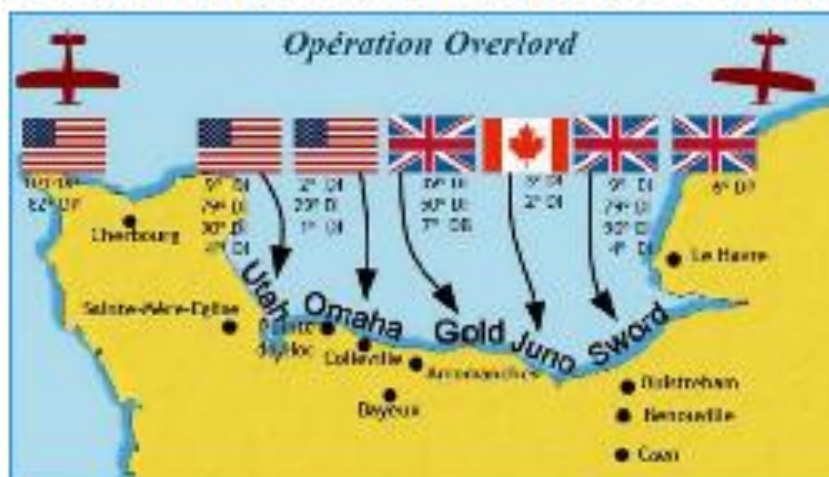
By May 1940 Nazi Germany had invaded and occupied most of the countries of western Europe, instituting a reign of tyranny and inhumanity.

By June 1944 the western Allies of Great Britain, the USA and Canada were ready to invade France to restore liberty to the occupied countries.

On 6 June 1944, D-Day, the Allies launched the largest ever combined sea, air and land assault. Code named "Overlord," 132,000 Allied troops were transported in 7,000 ships to five beaches in Normandy (Utah, Omaha, Gold, Juno and Sword) and a further 23,000 arrived by air.

Known throughout the world as "D-Day," the D has no real meaning. It stands for "Day" and the term "D-Day" was used to describe the first day of any large military operation. D-Day was not the end, but the start of the Battle for Normandy which lasted 10 more weeks.

We remember it because it was a turning point in World War Two, the start of the liberation of Europe and the return of the freedoms we enjoy today. Above all we remember the loss and sacrifice of



73,000 Allied lives, 4,415 of which were lost on D-Day itself. The French also paid a heavy price. 23,000 French civilians were killed during the Battle for Normandy.

## PURLEY FOOD HUB WRITES ...

'Last month was our second busiest May to date, with food provided for **3,870 meals for 430 adults and children**, including for a higher number than usual of large families.

The generosity of the Food Hub's supporters never ceases to amaze. Donations in May ensured we had sufficient food in stock to provide meals for 435 people, and enough left to pass on to our Food Stop partners at Old Lodge Lane Baptist Church, Purley, and St Francis Church, Monks Hill, Selsdon. Thank you everyone for all the food, toiletries and household essentials you donated in May - just what we needed for the increasing number of families with a number of children to support being referred to us for emergency help."



*Helping local people in crisis*

Heading the list for June, again, are **cartons of long life whole milk, jars of peanut butter, small (500g) bags of sugar and tinned plain meat - corned beef, ham, chicken. Small bottles of squash** are also listed, along with **sponge puddings, jellies and Angel Delight for children, and microwave meals for toddlers aged 12 months-plus.**

The non-food items we especially need in addition to **bars of soap** are **small bottles of washing up liquid and toilet rolls.**

If you would like to help the Food Hub by donating items, these can be placed in the plastic box in the church porch. Sylvia and Graham kindly make regular trips to the Hub which is always very grateful for every donation received.

### CHURCH OF OLD COULSDON

<b>CLERGY</b>	The Rector - Parish in Vacancy (All enquiries to the Churchwardens or Parish Office ~ see below) The Rev. Sue Thomas	020 8406 9300
	(available Thursdays & Sundays)	
<b>READER:</b>	Christine McCutcheon	01737 553681
<b>WARDENS</b>	Gill Thaxter Ralph Goodwin	01737 553596 020 8409 1662
<b>TREASURER</b>	Lynn Howell	01737 551652
	(Cheques should be made payable to: Coulsdon St. John's Church PCC)	
<b>PARISH OFFICE:</b>	Monday-Friday 9.30 a.m. - 12 noon Email <a href="mailto:stjohns@coulsdon.net">stjohns@coulsdon.net</a> Phone: 01737 552461	

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## PLEASE NOTE:

St John's Church uses a range of social media platforms to share photographs and information about events and services. If you come and do NOT wish any posts to include your photograph or your child's photograph, please tell the Church Wardens before leaving the church building.

Find us on Facebook:

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## Worrying about money?

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Three steps to find options and places to get help

### Step 1: What's the problem?

#### I suddenly have no money

- Lost job or reduced hours
- Money stopped
- Lost money
- Unexpected expense
- Disaster (e.g. flood or fire)
- Relationship breakdown
- Sanctioned (benefit stopped/reduced - see option 6)

See options 1 2 6

#### My money doesn't stretch far enough

- Deciding between food, fuel, and mobile credit
- Low income
- Zero hours contract
- Statutory Sick Pay too low
- Facing redundancy
- Not sure if eligible for support
- Change of circumstance

See options 1 2

#### I have debt

- Rent or Council Tax
- Gas and electricity
- Payday loans
- Owe friends or family
- Benefit repayments

See option 3

#### I am waiting on a benefit payment or advance

- New claim for benefit
- Payment delayed
- Waiting for decision

See options 1 4

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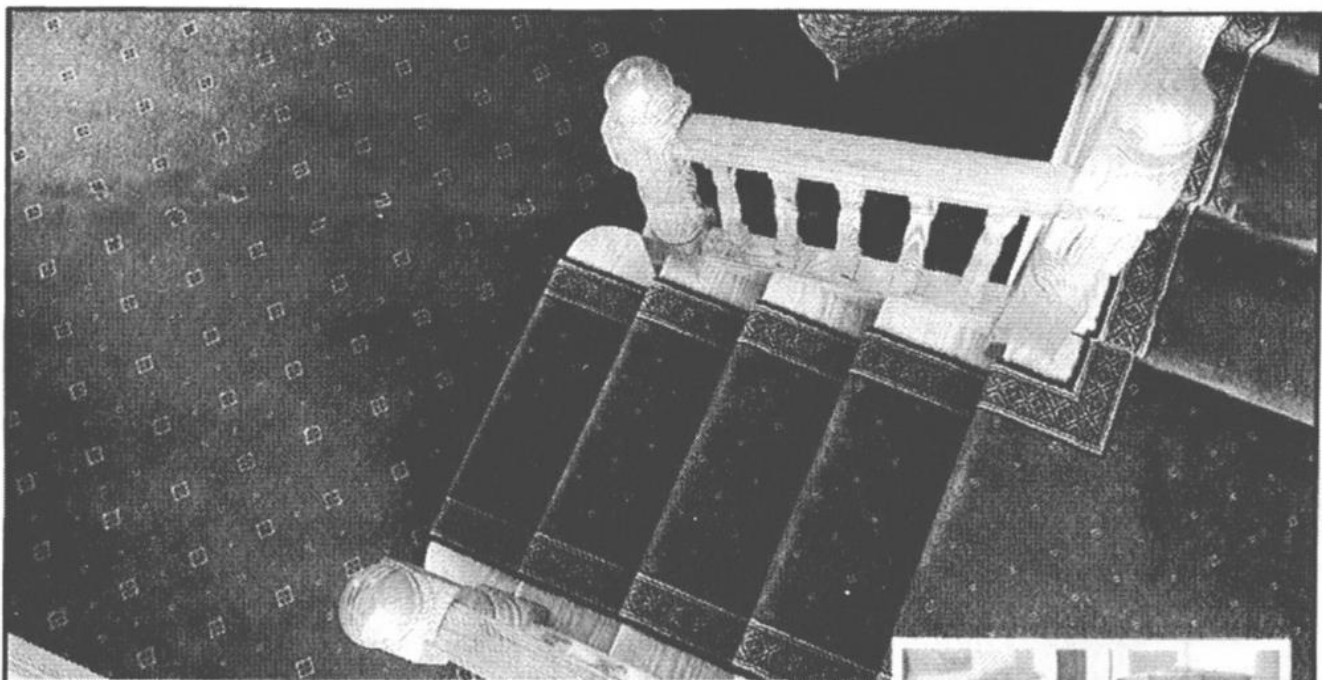
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